

1 Experimental Investigation on Blast Response of Cellular 2 Concrete

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10 11 Abstract

12 A test setup consisting of a shock-tube with an instrumented short rod is developed for
13 investigating the blast response of cellular concrete foams. In the shock tube facility, blast
14 pressure wave is generated by the rupture of a notched Aluminum membrane. An instrumented
15 rod is calibrated for measuring transmitted stress from the cellular foam. Experiments are
16 conducted on brittle cellular concrete foam, which exhibits non-linear stress-strain behavior
17 associated with crushing of the cellular structure and subsequent densification. Crushing is
18 initiated when the stress exceeds the crushing strength and continued crushing produces an
19 upward concave stress-strain curve leading to densification of the material. Foams with two

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20 different crushing strengths are evaluated. The influence of length of the foam is investigated.
21 For an applied blast pressure amplitude which is higher than the crushing strength of foam, the
22 wave structure in the foam consists of an elastic precursor wave followed by a compaction front
23 which produces crushing of the cellular structure of the material. From the experimental
24 investigation, the existence of a critical length for completely attenuating the applied blast
25 pressure wave is established. For a given blast pressure loading, when the length of foam is
26 larger the critical length, the applied blast pressure wave is transmitted as a rectangular pulse of
27 nominally constant magnitude, which is slightly higher than the crushing strength of the foam.
28 The foam is compacted without significant densification. The critical length depends on the
29 crushing strength of the foam and the blast pressure amplitude and duration. If the length of foam
30 is smaller than the critical length, there is an enhancement in the transmitted stress amplitude. If
31 the length of foam is significantly smaller than the critical length, the transmitted stress is
32 enhanced to a magnitude higher than the applied blast pressure amplitude and the compaction of
33 foam leads to significant densification of the material.

34

35 **Keywords:** Blast; Shock; Cellular; Foam; Attenuation.

36

37 **Introduction**

38 Cellular materials possess energy-absorbing properties and are widely used as protective
39 materials in applications such as improving crash worthiness [Gibson and Ashby 1999]. The
40 successful use of these materials in mitigating impacts has drawn the attention of structural
41 community towards the development of blast mitigation strategies. Use of sacrificial claddings

42 when placed in the path of an incoming blast pressure wave alter the blast wave characteristics
43 and reduce the stress transferred to the structural element to mitigate the impact of a blast
44 pressure wave have been explored [Guruprasad and Mukherjee 2000]. The available information
45 in the literature is sparse and not very consistent. Some experimental evidence and results from
46 numerical simulations suggest the possibility of stress enhancement, rather than mitigation, in the
47 substrate material when foam is placed in front.

48 The available experimental evidence indicates that both flexible polymeric and rigid
49 aluminum foams produce pressure enhancement when subjected to shock loading. Shock
50 pressure loading consists of a shock front followed by constant pressure and is associated with a
51 linearly increasing impulse input with time. The pressure enhancement by foams was first shown
52 for flexible porous material; the stress transferred at the back wall due to a planar shock wave
53 reflected off the front face of the foam exceeded the pressure obtained without the porous
54 material [Monti 1970]. These findings were later confirmed by experimental studies on the
55 interaction of shock waves with very low density flexible polymeric foams; from polyurethane
56 foam [Ben-Dor 1994 and Gvozdeva 1985] and using open-celled polymeric foams [Skews 1991
57 and 1993]. The polymeric foams used in these experiments had very high porosities (in the range
58 of 90% and higher) and were able to rebound after the loading was removed. The transmitted
59 stress from the head on collision of a planar shock wave to an elastic substrate through an open
60 celled rigid porous material has also been shown to exceed the stress magnitude obtained from
61 direct shock wave incidence on the substrate [Levy et al. 1993, Kamyab et al 2010]. Experiments
62 with the use of metallic (Alumina matrix) and brittle (Silicon Carbide matrix) foams were
63 confined to studying the response at shock pressure amplitudes which do not produce significant

64 deformation of the solid skeleton. The extension of results for metallic and brittle foams at
65 pressure amplitudes which would produce irreversible compaction, are not clear.

66 Loading associated with a blast pressure wave has a decaying pressure profile, which follows
67 the sudden pressure rise produced by the leading shock front. Blast pressure loading is of a short
68 duration and is associated with a finite impulse input. Therefore, extension of the findings from
69 shock loading to the case of transient loadings with finite impulse is not yet clear. Limited results
70 on stress amplification by soft foams for blast loading are available. In a study on the thoracic
71 visceral injury from blast loading, it was found that the transmitted overpressure from air to the
72 anechoic water chamber is enhanced significantly by a soft foam layer [Cooper et. al. 1991]. The
73 results indicated that a soft foam layer attached to substrate may produce a higher level of
74 damage in the protected object.

75 The experimental results on the use of metallic foams obtained from studies involving impact
76 have shown the benefit of using foam in providing energy dissipation [Tan et al. 2005, Reid and
77 Peng 1997]. It should however be noted that there is a fundamental difference in the nature of
78 loading associated with impact and blast pressure. In an impact, the energy delivered to a solid
79 substrate by a projectile travelling at a given velocity, is a fixed value but the stress transmitted at
80 the interface can vary depending on the materials in contact. The loading history produced by an
81 incident blast wave at different solid substrates is always the same (neglecting the effect of the
82 fluid solid interaction) but, the energy transferred to the solid substrate varies depending upon
83 the stiffness of the substrate and is larger for softer material [Subramaniam et al. 2009, Nian et
84 al. 2010].

85 Experiments involving blast loading with the use of metallic and brittle foams have been
86 confined to studying the interaction at blast pressure amplitudes which do not produce any

87 significant change in the structure of the foam and deformations of the solid skeleton are limited
88 to elastic deformations [Ben-Dor et al. 1994, Levy et al. 1995, Standley et al. 2002]. These
89 studies were limited to understanding the change in the characteristics of the pressure wave upon
90 transmission through the porous matrix. Experimental results on the blast response of aluminum
91 foam panels, which undergo compaction showed that the addition of the foam panels increased
92 the energy and impulse transferred to a structure [Hanssen et al. 2002]. The blast pressure wave
93 obtained from an explosive charge was used. While the predictions of transmitted stress
94 considering irreversible compaction of the material indicated a decrease in transmitted pressure
95 to the face of the pendulum, these could not be verified since the applied blast pressure and the
96 pressure transmitted to the substrate were not measured in the experiments. The increase in
97 transmitted impulse was attributed to the geometric effect associated with the continuous change
98 in the shape of the initially plane panel surface into a double-curved shape.

99 The available information consisting of successful use in mitigating impact using foams
100 which undergo irreversible compaction do not provide sufficient indication about the application
101 of foam in mitigating blast loading. The blast test results available in the literature [Cooper et. al.
102 1991 and Hanssen et al. 2002] are also not helpful since the stress transmitted from the foam to
103 the solid substrate, which is critical to understand the behavior of foam in blast mitigation, were
104 not measured. Careful experiments on blast response of foams obtained from experiments with
105 well-defined input blast pressure waves, which would lead to a fundamental understanding of the
106 behavior of foam, are currently not available.

107 In this study, an experimental investigation of the one-dimensional dynamic response of
108 cellular concrete foams subjected to blast pressure loading was conducted. Cellular concrete is a
109 class of brittle matrix foam, which exhibits compaction associated with crushing of structure. A

110 shock tube was used to generate controlled blast pressure loading of different amplitudes and
111 durations. Instrumentations for measuring the blast pressure history applied at the front end
112 (loaded end) of the foam and the stress transmitted to a solid substrate through the foam
113 (transmitted stresses) were developed. Cement foams of different densities and different lengths
114 were evaluated for different blast pressure loadings. The deformation of the cement foam bars
115 after application of the blast pressure loading was also recorded.

116

117 **Cellular Concrete Foam**

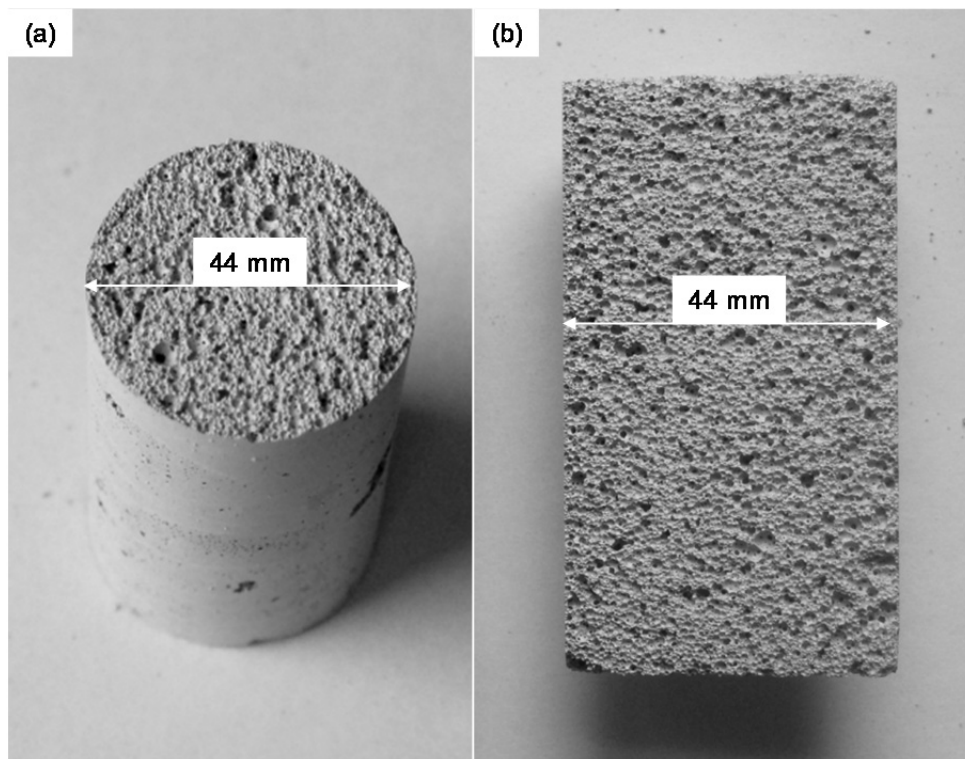
118 The cellular concrete foam has a cementitious matrix and a cellular structure consisting of
119 large entrained porosity in the form of uniformly distributed air cells. The air cells are introduced
120 by mixing a stable, voluminous, micro-bubbled foam into cement paste. The porosity of the mix
121 is varied by controlling the volume of foam mixed into the cement paste. After setting, when the
122 cement paste gains strength, the cementitious matrix develops a cellular structure. The bubbles in
123 the foam form disconnected pore space.

124 The cellular concrete foams used in this study were made using cement paste with a water to
125 cement ratio (by mass) equal to 0.55. The cement paste was prepared by mixing cement and
126 water in a paddle mixer. Polypropylene fibers (Stealth® e3 micro-reinforcement, classification
127 D700/800) were also added to the cement paste. Approximately, 10 grams of fibers was used for
128 each 5 kg of cement paste. The foam was generated with a foam generator (shown in Figure 5.5)
129 using a commercially available foaming agent. MEARLCRETE® FOAM LIQUID produced by
130 Cellular Concrete LLC which is an aqueous concentrate of a surface-active Polypeptide-
131 Alkylene Polyol condensate, specially formulated to yield tough, stable, voluminous micro

132 bubbled foam. The foaming agent was diluted in water at the recommended dosage and mixed
133 with air in the foam generator. The foam was then hand mixed with the cement paste and cement
134 foams with two different wet cast densities equal to 432 kg/m^3 and 528 kg/m^3 were produced by
135 varying the volume of foam added to the cement paste. Cylindrical samples with diameter equal
136 to 44 mm were prepared using acrylic molds. The inner surface of the mold was lined with a
137 Teflon paper. The paste with the entrained foam was poured into the mold in layers and gently
138 tapped on the sides to ensure proper placement. After 7 days, the foams were demolded and left
139 to dry in the laboratory environment (maintained at $23 \text{ }^\circ\text{C}$ and 50% RH). The dry densities of the
140 foam after 7 days were equal to 384 kg/m^3 and 480 kg/m^3 . The porosity of the cellular solid was
141 determined using the relationship between the bulk density of the cellular material (ρ_{bulk}) and the
142 density of the solid matrix (ρ_s) using the relationship, $\text{porosity} = (1 - \rho_{\text{bulk}}/\rho_s)$. The ρ_s of the
143 cementitious matrix was taken as 1400 kg/m^3 and the porosities of the foams with dry densities
144 equal to 384 kg/m^3 and 480 kg/m^3 were estimated to be 73% and 65%, respectively.

145 A photograph of the cellular microstructure of a typical cement foam sample showing the
146 dispersion of air cells is shown in Figure 1. A closed-cell foam structure with disconnected
147 porosity can be identified. The walls of the porous network consist of hardened cementitious
148 material. There was no moisture in the large pores of the cellular network. After 28 days of age
149 (following casting) the quasi-static load response of the foams were obtained. Tests were
150 performed by placing the foams inside an acrylic tube with inner and outer diameters equal to
151 44.5 and 50.8 mm, respectively. The acrylic tube was used to confine the material during
152 compaction and to prevent the spalling of the material due to disintegration. The acrylic tube also
153 allowed for viewing the deformation of the specimen during the test. The acrylic tube was
154 instrumented with a strain gage to measure circumferential strains. To minimize the influence of

155 friction in the relative motion between the foam and the tube during compaction, the cement
156 foam was wrapped with two sheets of Teflon and a low viscosity oil was placed in the gap
157 between the Teflon sheet and the inner wall of the acrylic tube. Load was applied to the foam
158 using a steel cylinder which could slide inside the acrylic tube. The test setup with the acrylic
159 tube and steel cylinder ensured a one-dimensional state of motion and to confine the material
160 from disintegration. During the deformation, engineering strain was computed as the relative
161 displacement between the two ends of the foam divided by the original length of the foam.



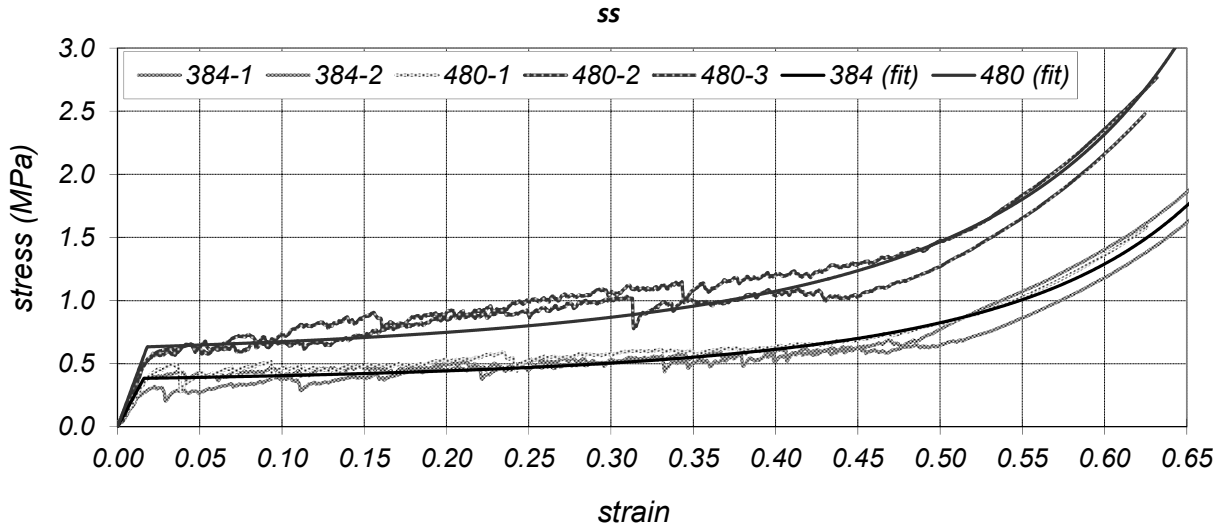
162 **Figure 1: Photographs of the cellular concrete foam sample (a) cross-section and (b) a**
163 **section along longitudinal axis**

164
165 Typical quasi static load response of the foams is shown in Figure 2. Three distinct regions
166 can be identified in a typical stress-strain curve of cellular concrete, namely the linear elastic
167 response, the crushing plateau and the densification region. Initially, the behavior is linear
168 elastic, with a slope equal to the Young modulus of the foam. The concave response is associated

169 with the collapse of the internal structure and subsequent densification. The cell collapse is
170 associated with brittle crushing of the cell walls. The collapse of cells and the densification of
171 material produce a gradual upward concave stress-strain response with increasing slope as more
172 cells are compacted. It should be noted that while engineering strain is calculated using the
173 overall shortening of the entire length of foam, the local deformation in the material is non-
174 uniform in the concave part of the load-response. Initially, the cell collapse progresses at roughly
175 constant load where there is a large increase in strain associated with a small increase in stress,
176 giving a stress plateau. Cell collapse continues until the opposing walls in the cells meet and
177 touch, when densification causes the stress to increase steeply and approach that of the intrinsic
178 material. The contribution of gas pressure to the measured strength properties was found to be
179 insignificant and can be neglected [Nian et al. 2015, 2016]. For the measurements over the range
180 of compaction evaluated in the study, the strains measured from the acrylic tube were
181 insignificant. For the level of compaction considered in this study, the compaction is achieved at
182 the expense of reduction of entrained porosity in the cellular structure. The compaction of the
183 material, resulting in compression of the internal pore structure of the cementitious matrix, has
184 not been considered in this study.

185

186



187

188 **Figure 2: Quasi-static stress-strain curves of cellular concrete foams of different**
 189 **densities. 384 and 480 refer to dry densities of foam in kg/m³.**

190

191 Static stress-strain curves of cellular concrete foams were fitted using Equation (1) with the
 192 parameters given in Table 1.

$$193 \quad \sigma = \begin{cases} E\varepsilon & \varepsilon \leq \varepsilon_{p0} \\ \sigma_{p0} - AE(1 - \varepsilon_{p0})^\alpha + AE(1 - \varepsilon)^\alpha & \varepsilon > \varepsilon_{p0} \end{cases} \quad (1)$$

194 where E is the Young's modulus, σ_{p0} is identified as the crushing strength and it marks the end
 195 of the linear elastic behavior, ε_{p0} is the strain corresponding to σ_{p0} ($\varepsilon_{p0} = \sigma_{p0}/E$), α is a constant
 196 greater than zero and A is a material constant. The fitted equation is shown in Figure 2 for
 197 comparison. The non-linear elastic response is initiated when the stress exceeds the crushing
 198 strength of the material, σ_{p0} . The average crushing strength of cellular concrete increases with an
 199 increase in the dry density of the cellular concrete; the crushing strength of cellular concrete with
 200 dry densities equal to 384 kg/m³ and 480 kg/m³ are equal to 0.384 MPa and 0.63 MPa,
 201 respectively.

202

203

Table 1: Parameters used for the fitted curves in Figure 2

<i>Density</i> <i>kg/m³</i>	<i>E</i> <i>MPa</i>	<i>A</i>	<i>p_o</i>	<i>p_o</i> <i>MPa</i>	
384 <i>(±4%)</i>	24 <i>(±9%)</i>	1/350 <i>(±35%)</i>	0.016 <i>(±12%)</i>	0.384 <i>(±12%)</i>	2.9 <i>(10%)</i>
480 <i>(±3%)</i>	35 <i>(±5%)</i>	1/250 <i>(±25%)</i>	0.018 <i>(±6%)</i>	0.63 <i>(±6%)</i>	2.8 <i>(10%)</i>

204

205 **Experimental Setup**

206 A shock-tube was used for generating last pressure waves. The stress transmitted from the
 207 cellular concrete foam was measured using an instrumented short rod. During a typical test, the
 208 cellular concrete sample was attached in front of the instrumented short rod and blast pressure
 209 loading was applied on the front end of the foam sample while the transmitted stress from the
 210 back face of the sample was measured. Pressure transducers were installed in the shock tube
 211 along the path of the blast pressure wave to measure the applied pressure. Experiments were
 212 performed to determine the following: (a) the transmitted stress to a solid substrate as a function
 213 of the applied blast pressure loading; and (b) the deformation of cement foams due to loading
 214 from the blast pressure wave.

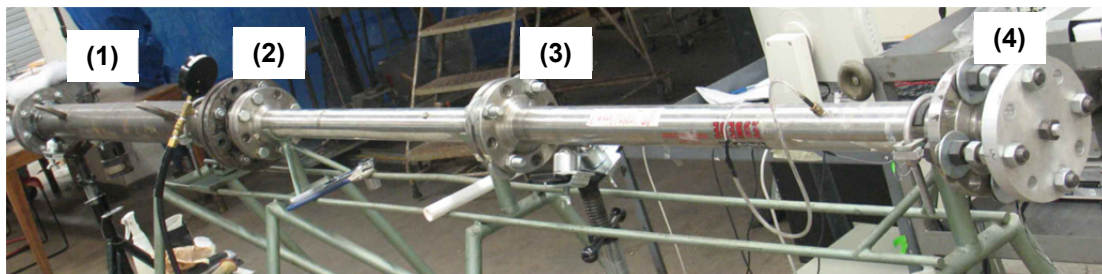
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216 **Shock tube for generating blast pressure waves**

217 A schematic sketch and a photograph of the test facility are shown in Figure 3. The shock
 218 tube consists of a high pressure section (driver section) which is separated from the low pressure
 219 section (driven section) by a diaphragm. The shock tube has a circular cross-section and is
 220 entirely made of stainless steel. The driver section is 1.3 m in length and the inner and outer
 221 diameters are equal to 8.9 cm and 12.6 cm, respectively. The driver section is fitted with a screw-

222 driven piston at the back end, which allows for varying the length of the pressurized part of the
 223 driver section. The back flange of the driver section is fitted with a threaded rod through its
 224 center, which is attached to a steel cylinder with a diameter equal to 8.9 cm. Grease is applied in
 225 the gap between the steel cylinder and the inner surface of the driver section to allow smooth
 226 motion of the cylindrical piston and to seal any gaps between the inner surface of the driver
 227 section and the cylindrical piston. The driven section is 3.3 m in length and the inner and outer
 228 diameters are equal to 4.5 cm and 7.2 cm, respectively. Pressure ports are machined at different
 229 locations along the length of the driven section for mounting pressure transducers. Pressure
 230 transducers are placed flush with the inner surface of the tube. The driven section (4.5 cm
 231 diameter) is connected to the driver section (8.9 cm diameter) with a 20 cm long nozzle. The
 232 diameter decreases smoothly from 8.9 cm to 4.5 cm over the length of nozzle. The nozzle is used
 233 to accelerate and increase the Mach number of the flow.

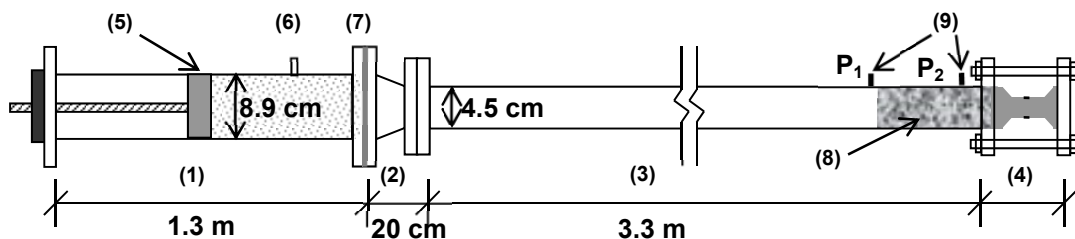
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235

(a)

236



237

(b)

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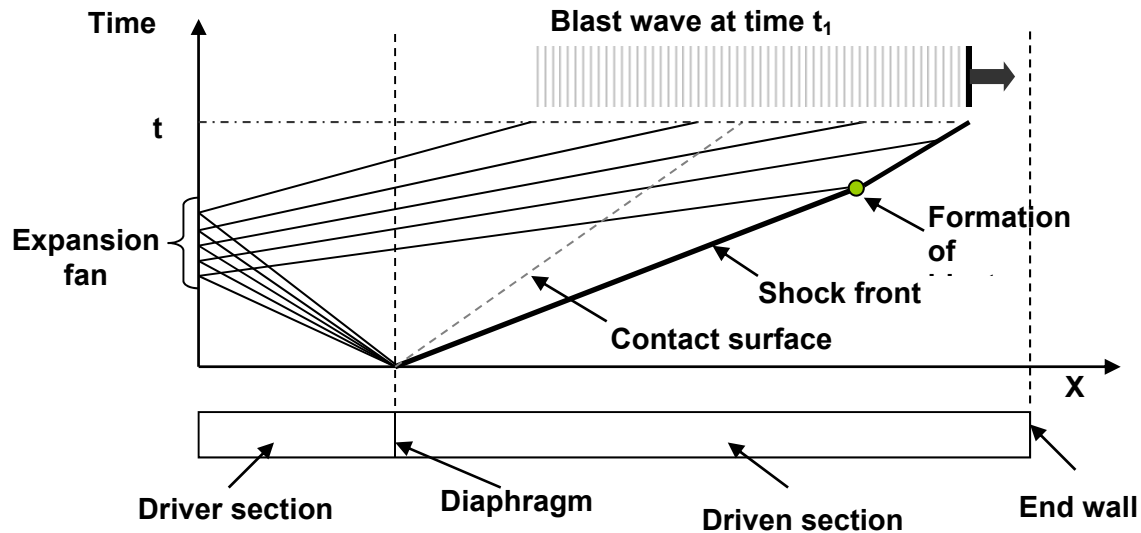
239 **Figure 3: Shock tube test facility: (a) photo and (b) schematic diagram. 1) driver section;**
240 **2) nozzle; 3) driven section; 4) instrumented step rod and flanges; 5) screw-driven piston;**
241 **6) high pressure gas inlet; 7) diaphragm coupling; 8) cement foam sample; 9) pressure**
242 **transducers P_1 and P_2 .**

243

244 **Blast pressure wave generation**

245 In a typical shock tube, the pressure wave is generated by the rupture of a diaphragm which
246 is pressurized on one of its faces. The propagation of the different waves after the rupture is
247 usually presented using an X-t diagram, as shown in Figure 4. Shock waves are generated by the
248 sudden rupturing of the diaphragm as the pressure difference between the driver and the driven
249 sections reaches a critical value. A compression wave generated by the sudden rupture travels
250 downstream into the driven section and rapidly steepens to form a shock front. Simultaneously, a
251 set of rarefaction (expansion) waves travel back into the driven section, reflect at the back end of
252 the driven section as rarefaction waves and travel downstream in the same direction as the
253 incident shock wave. According to Prandtl's relation, the sum of the particle velocity and local
254 wave speed in the post shock flow is higher than the shock wave speed [Courant and Friedrichs
255 1999]. Thus, the sound speed at which the disturbance propagates in the post-shock flow is
256 higher than the shock wave speed. When the reflected rarefaction waves, which travel faster than
257 the shock front, catch up with the shock front, a blast pressure wave is generated. An incident
258 blast wave consists of a leading shock front immediately followed by expansion waves, resulting
259 in a decreasing pressures profile. The parameters, such as, the amplitude and the duration of the
260 blast wave at the end of the driven section are controlled by varying the lengths of the driver and
261 the driven sections and the pressures inside each section.

262



263

264

Figure 4: Formation of a blast pressure wave in the shock tube

265

266 Aluminum diaphragms were used for shock wave generation. Notches were machined on
 267 one of the faces of the diaphragm to ensure that it opened completely upon rupture. The initial
 268 pressure in the driver section at which the diaphragm ruptures was controlled by varying the
 269 depth of the notch in the diaphragm. Diaphragms made of Aluminum 6061-T6 with two
 270 perpendicular notches which intersect at the center, were used. The thickness of the diaphragm
 271 was equal to 1.6 mm and notches with different depths ranging from 0.8 mm to 1 mm were
 272 machined to obtain blast pressure waves with different amplitudes. The length of the driver
 273 section was adjusted by moving the piston within the driver section, to obtain the desired blast
 274 pressure characteristics. Compressed Helium was used for the high pressure gas in the driver
 275 section as it produces blast pressure waves of shorter duration when compared to air (or
 276 nitrogen). Pressure loading produced by the blast wave was measured using pressure transducers,
 277 placed close to the target end in the driver section of the shock tube. Different blast loads with
 278 pressure amplitudes ranging from 0.5 to 1.5 MPa and duration in the order of several milli-
 279 seconds (ms) were generated.

280 The shock tube facility provides the ability to control the pressure associated with the blast
281 waves allows for a fundamental evaluation of the blast response of foams and also the
282 determination of the material properties under high rates of loading. Such a facility offers a
283 significant advantage in conducting blast studies when compared with the conventional methods
284 which employ uncontrolled blast source from an explosive charge. In addition, the use of a shock
285 tube allows for evaluating the material behavior without the interfering effects of debris.

286

287 **Setup for measuring transmitted stress**

288 An instrumented short rod with a stepped diameter was used for measuring the transmitted
289 stress. The strain measured from the surface of the rod was related to the stress applied on the
290 face of the rod. This is similar in principle as the technique to measure transmitted stress from
291 transient loading in the conventional split Hopkinson pressure bar (SHPB) [Kaiser 1998]. A
292 stepped rod, where the diameter of the rod at the location of strain measurement is reduced,
293 provides a higher sensitivity (hence better signal to noise ratio) in measurements [Tan et al.
294 2005]. A short rod was used to overcome the limitation of length in the conventional Hopkinson
295 pressure bar arrangement. In the conventional setup, the length of the pressure bar determines the
296 useful duration of the signal. The maximum duration of the applied stress is limited by the time
297 for reflection of the transmitted wave from the back end of the rod. For recording blast pressure
298 signals with durations on the order of 10 ms, the length of the rod required in such a setup would
299 be excessive (on the order of 25 meters) and hence, impractical.

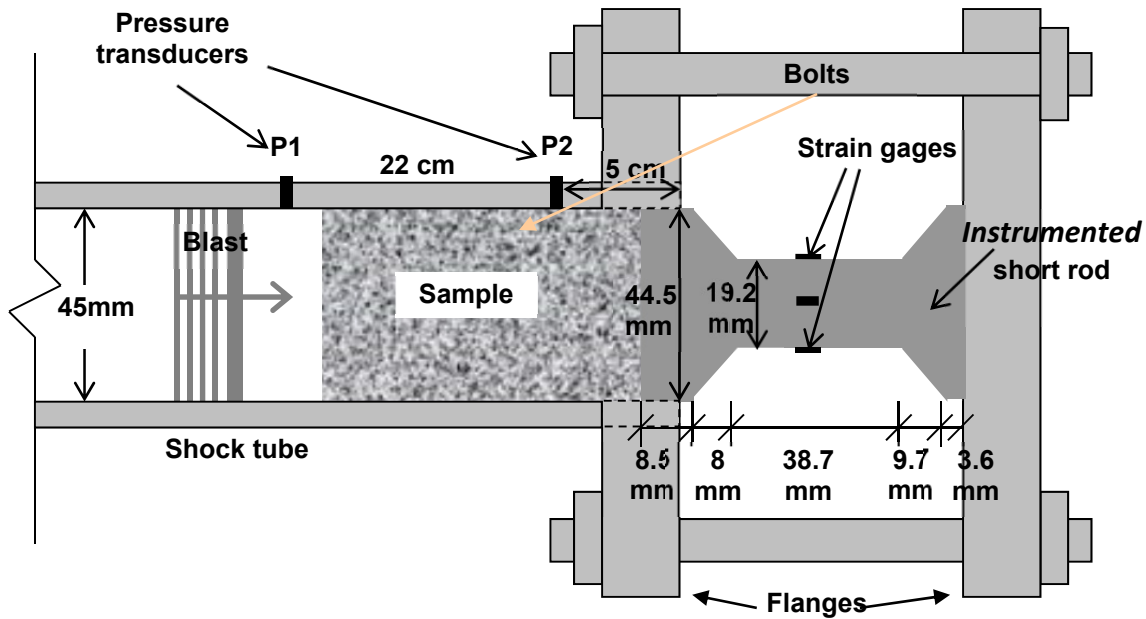
300 In the short stepped rod, multiple reflections of stress waves from both ends and at the edges
301 would occur within the duration of an applied stress pulse and the stress at a given location

302 would be the result of superposition of the applied stress pulse and the reflected waves. The
303 reflected waves would produce oscillations in the measured stress on a time scale associated with
304 the time of travel for the waves over the length of rod. For a short rod, the time scale associated
305 with the oscillations can be made significantly smaller than the time scale associated with the
306 applied loading. In this case, the applied pressure can be separated by filtering the high
307 frequency variations associated with the wave reflections.

308 In the experimental setup, the overall length of the instrumented short rod was selected such
309 that the time scale associated with the oscillations was on the order of 10-100 μ s, while the blast
310 pressure duration was in the range of 10 ms. The diameter of instrumented short rod was
311 decreased from 44.5 mm at the loaded end to 19.2 mm at the measuring locations. The validity of
312 using measured strain from the instrumented short rod by separating the contributions of the
313 oscillations produced by reflections was confirmed using numerical simulation. In addition, the
314 instrumented rod was calibrated against applied blast pressure signals. The transmitted stress
315 recorded by the instrumented short rod when a blast wave is directly applied on the face of the
316 rod was used for this purpose.

317 A schematic sketch of the instrumented short rod is shown in Figure 5. The instrumented
318 short rod fitted perfectly inside the driver section of the shock tube and was fixed to a large
319 aluminum plate at the other end. The aluminum plate was connected to the end flange of the
320 shock tube using four threaded bolts. The sample to be tested rested against the face of the short
321 rod. Four strain gages are placed 90 degrees apart around the perimeter in the middle of the short
322 rod. To reduce the influence of the bending effect, misalignment of the fixture and asymmetric
323 loading, the average of the four strain gages was recorded.

324



325

326 **Figure 5: Schematic sketch of instrumented short rod with a stepped diameter used for**
 327 **measuring transmitted stress.**

328

329 **Measurement procedure for applied blast pressure and transmitted stress**

330 The cellular concrete foam sample was attached to the instrumented rod using a quick setting
 331 epoxy. In order to reduce friction between the outer surface of the foam sample and the wall of
 332 the shock tube, the foam was wrapped with two sheets of Teflon paper. A low viscosity oil
 333 (viscosity = 1 cps) was placed in the gap between the Teflon paper and the wall of the shock
 334 tube. This was done to ensure lateral confinement to the sample during the compaction induced
 335 by the blast loading and to ensure a one-dimensional state of motion of the foam. The pressure
 336 sensor was used as to trigger the data acquisition.

337 Prior to putting the sample in the shock tube a ruler with markings spaced at 0.25 in.
 338 (6.4 mm) was marked on the surface using a permanent marker. All samples were photographed

339 before and after the test. The overall change in length of sample after the test was recorded. In
340 addition, the permanent strain was determined locally between the markings of the ruler.

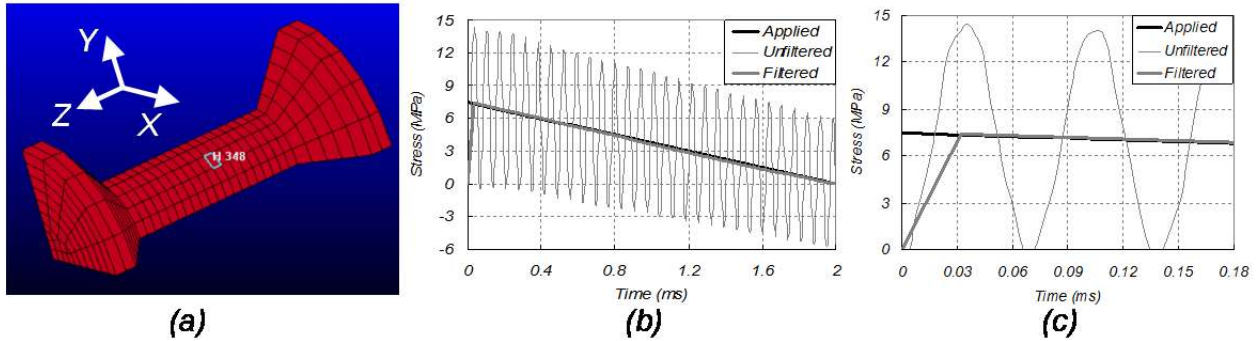
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342 **Validation of the measurement procedure and calibration of the test system**

343 The response of the instrumented short rod under a triangular pulse (representing blast
344 loading) was simulated using the transient dynamic finite element analysis capability available in
345 LS-DYNA. The purpose of this exercise is to validate the procedure for obtaining the applied
346 pressure history using the measured strains from the short rod. A finite element model of a
347 quarter of the short rod was developed and meshed using AnsysTM (Version 10) as shown in
348 Figure 6. The axis of the short rod was aligned with the Z-axis, while the X and the Y axes
349 coincided with the planes of symmetry. A triangular forcing function with an initial peak value
350 equal to 10 N and duration equal to 2 ms was applied on the all the nodes on the left face (with a
351 normal in the Z-direction). The forcing function results in a triangular pressure pulse of
352 $p_0 = 7.46$ MPa and $t_B = 2$ ms on the narrow segment of the short rod (with a diameter equal to
353 19.2 mm) as shown in Figure 6. The other boundary conditions are such that the displacement of
354 the cross section in XZ-plane was fixed in Y direction, the displacement of the cross-section in
355 the YZ-plane was fixed in X direction and the displacement of the face at the right end was fixed
356 in Z direction. The material properties of Aluminum alloy used for the short rod were
357 $\rho = 2700$ kg/m³, $E = 69 \times 10^3$ MPa and Poisson's ratio = 0.3. The Solid 174, eight node
358 quadrilateral element was used. The time step was determined as the time for the stress wave to
359 across the smallest element factored by a 'Time step scale factor', which was set to be 0.9 for
360 stability reason. The time step in the analysis was 0.15 μ s. The dynamic analysis was performed

361 using LS-DYNA solver incorporated in Ansys™ (Version 10) package. The main solution
362 methodology is based on explicit time integration [LS-DYNA theory manual 2006].

363



364

365 **Figure 6 (a) Finite Element model of the short rod; (b) Stress history at a fixed location of**
366 **the short rod due to an applied triangular pulse; Applied: applied stress at the loaded**
367 **end, Unfiltered: unfiltered original stress response at the measured point and Filtered:**
368 **filtered stress**

369

370 The stress history of one element located on the surface of the rod, at the location
371 corresponding to the location of the strain gauge on the specimen, is shown in Figure 6 (a). The
372 stress response obtained from the dynamic analysis is shown in figure 6 (b). The applied pressure
373 history is also shown in the figure for comparison. It can be seen that the stress at the specific
374 location due to the applied triangular pulse shows a high frequency oscillatory response which is
375 superimposed over a low frequency response with a triangular variation in time. It can also be
376 seen that the initial stress rise produced by the wave propagation produces stress amplitude
377 which is double of the actual applied stress. Clearly the oscillations are due to the multiple
378 reflections of the elastic wave in the short rod, which produce a stress variation around the
379 applied triangular pulse. The dominant period of the high frequency signal is approximately
380 66.6 μ s. The time period obtained from the numerical analysis compares favorably with the time
381 estimated from a simple one-dimensional stress wave calculation over the length of the rod

382 (equal to 68.5 mm) considering fixed-free conditions at the two ends. The time for one complete
383 cycle for a compression wave can be estimated considering reflection at the fixed end (reflected
384 as a compression wave) followed by a phase change produced by the reflection at the free end
385 and the subsequent round trip over the full length of the rod, for the tension wave. Considering 1-
386 D stress compression wave speed equal to 5055 m/s, this time period can be calculated as 54.2
387 s. The low frequency response recovered from the overall response using a low-pass, moving
388 average filter over a time window equal to 66.6 μ s is also shown in Figure 6 (b). As is seen from
389 Figure 6(b), the filtered response from the short rod compares favorably with the applied stress
390 history. A close up view of the applied stress, the unfiltered stress and the filtered stress signals
391 immediately following the rise is shown in Figure 6(c). It can be seen that the actual zero rising
392 time of the onset of the applied triangular pulse has become 33 μ s for the filtered signal. This is
393 due to the use of the low-pass, moving average filter over a time window equal to 66.6 μ s on the
394 unfiltered signal.

395

396 **Calibration of the instrumented short rod**

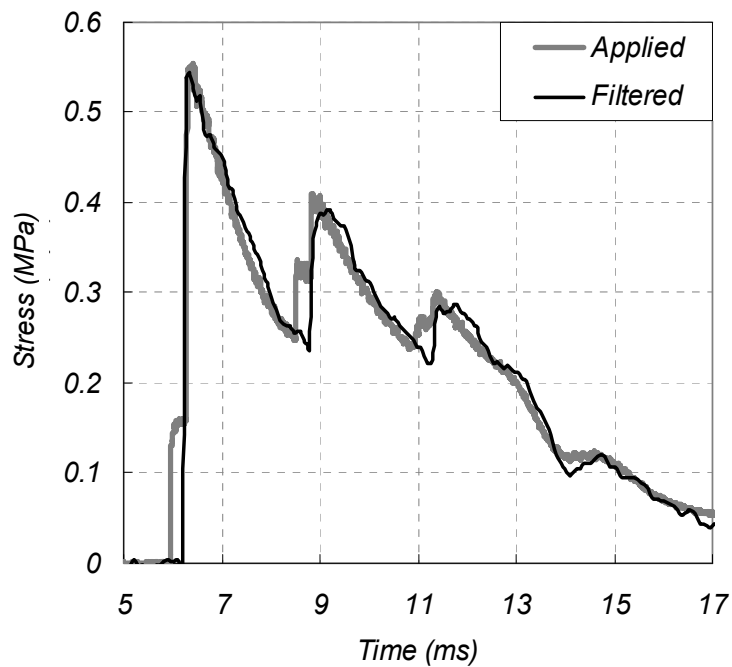
397 The exact relationship between the recorded strain from the instrumented short rod and the
398 stress at a given location would depend upon factors such as the gage factor of the strain gage,
399 the material constants and the geometry of the rod. Considering linear elastic behavior and linear
400 gage response, all these factors would result in a constant scaling factor for relating measured
401 strain with stress at the location. In addition, the exact relationship between the applied stress on
402 the face of the instrumented short rod and the measured stress at a given location on the rod
403 depends upon the geometry and the elastic constants of the rod. Since the measured stress is

404 linearly related to the applied pressure, this results in an additional scaling factor, which relates
405 the measured and applied stresses. The combined effect of the geometric, material and
406 instrumentation related factors would result in a calibration factor for relating the measured
407 strain to the applied pressure, which can be determined experimentally. The stress measurement
408 system was calibrated using a blast pressure input applied directly to the instrumented short rod.
409 The pressure measured by the pressure gauges located adjacent to the front end of the
410 instrumented short rod (P_2 as shown in Figure 3) corresponds to the applied stress input. The
411 strain gauge output was calibrated against the applied pressure. The measured strain can
412 therefore be converted to applied stress using the calibration factor.

413 The blast pressure loading applied on the face of the instrumented rod is shown in Figure
414 7(a). The applied blast pressure corresponds to the reflection of an incident blast wave at the face
415 of the instrumented short rod and recorded using the pressure transducer P_2 , located at a distance
416 of 10 mm from the face. Figure 7 (b) shows the original unfiltered voltage signals obtained from
417 the strain gages attached to the short rod. The high frequency oscillations associated with the
418 wave reflections are clearly evident in the measured response (shown in the inset). The time
419 period associated with the oscillations is measured to be 64 μ s, which agrees favorably with the
420 value obtained from the numerical analysis. The low-frequency component of the original signal
421 was obtained using a low-pass averaging filter with a time period equal to 64 μ s and is also
422 presented in Figure 7(b). The calibration factor for the instrumented short rod was then obtained
423 by matching the magnitude of the filtered voltage from the instrumented short rod with that of
424 the applied stress obtained from the pressure gauge. The calibration factor was applied to the
425 filtered voltage signal to give the stress history measured by the instrumented short rod and
426 shown in comparison to the applied pressure history in Figure 7(a). The stress history measured

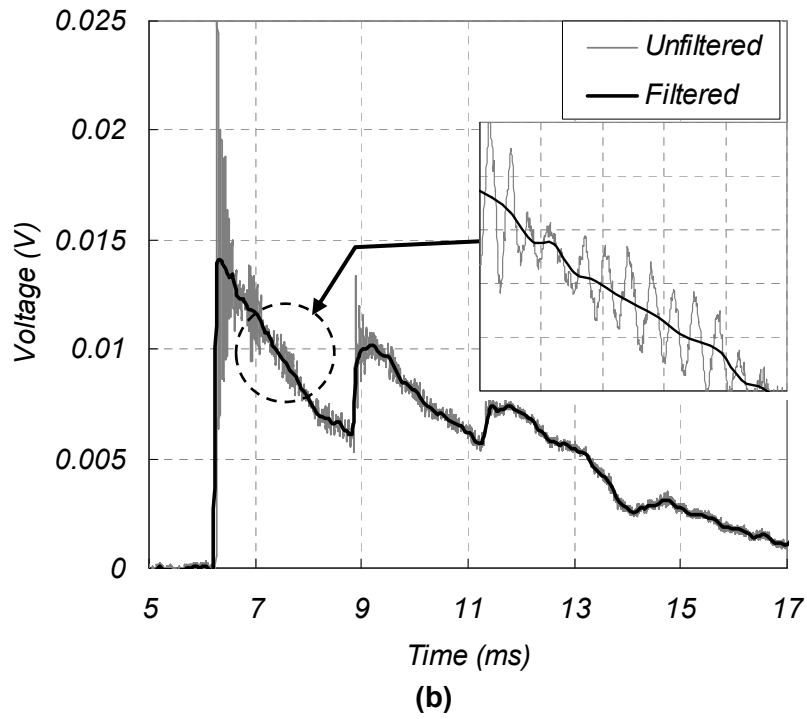
427 by instrumented short rod and the applied pressure history measured by the pressure transducer
428 are also shown over a shorter time interval closer to the initial rise in Figure 7(c). A good
429 comparison between two time histories is observed in Figures 7 (a) and (c). The calibration using
430 a real blast pressure wave shows that the measurement procedure provides an accurate estimate
431 of the applied pressure history and the initial shock front is adequately resolved.

432

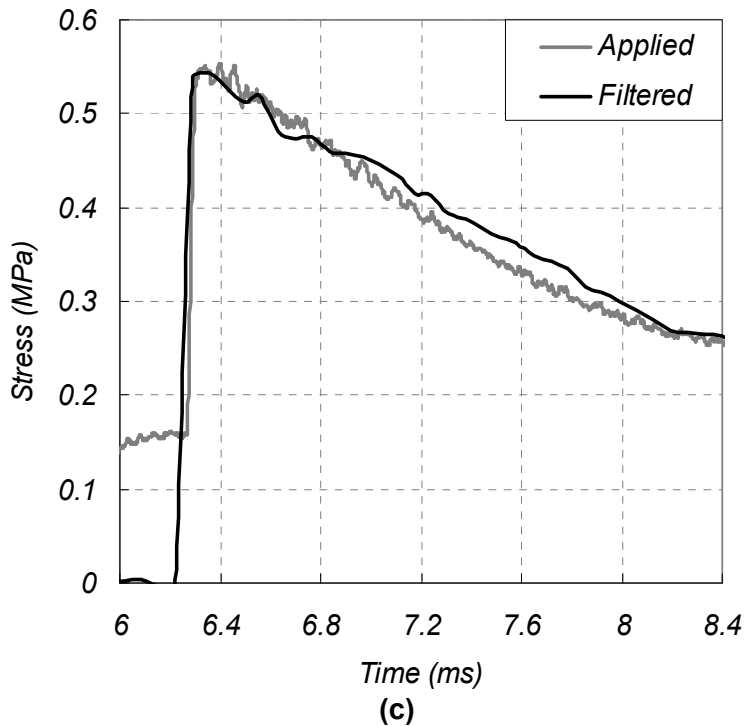


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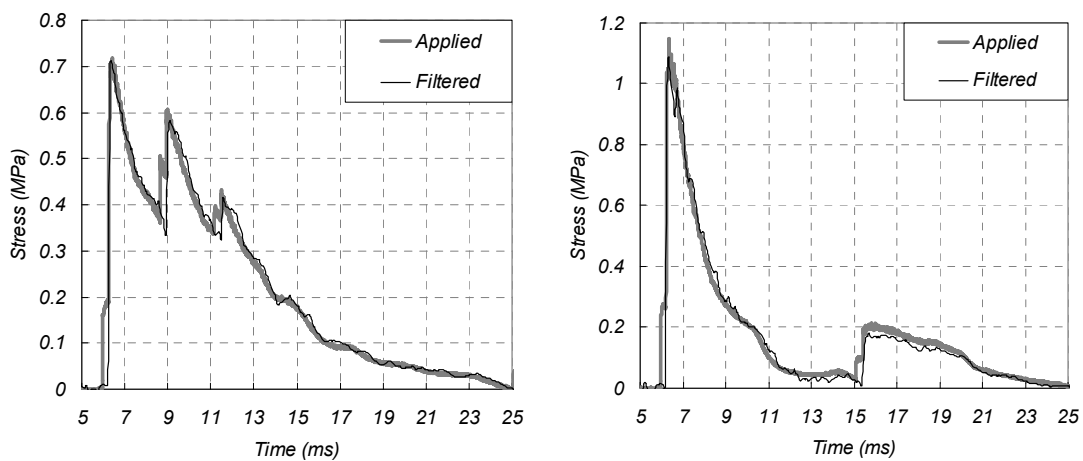
437

438 **Figure 7 Stress history recorded by the instrumented short rod when a blast wave strikes**
 439 **directly on it. (a) Applied pressure and calibrated filtered stress and (b) unfiltered and filtered**
 440 **signal from strain gages in voltage and (c) the close up view of the applied pressure and**
 441 **calibrated filtered stress.**

441

442 Comparisons between the calibrated stress signals from the instrumented short rod and the
443 applied pressure for different blast pressure loads are shown in Figures 8 (a) and (b). The
444 calibration constant determined from the results in Figure 7 was applied to the cases shown in
445 Figures 8(a) and (b). The direct blast pressure measurements provide a validation for that the
446 applied stress measurement using the calibrated strain measurements obtained from the short
447 stepped rod.

448



449

(a)

(b)

450 **Figure 8 (a) and (b): the applied pressure from the pressure transducer compared to the**
451 **calibrated filtered stress from the instrumented short rod under different blast loads.**

452

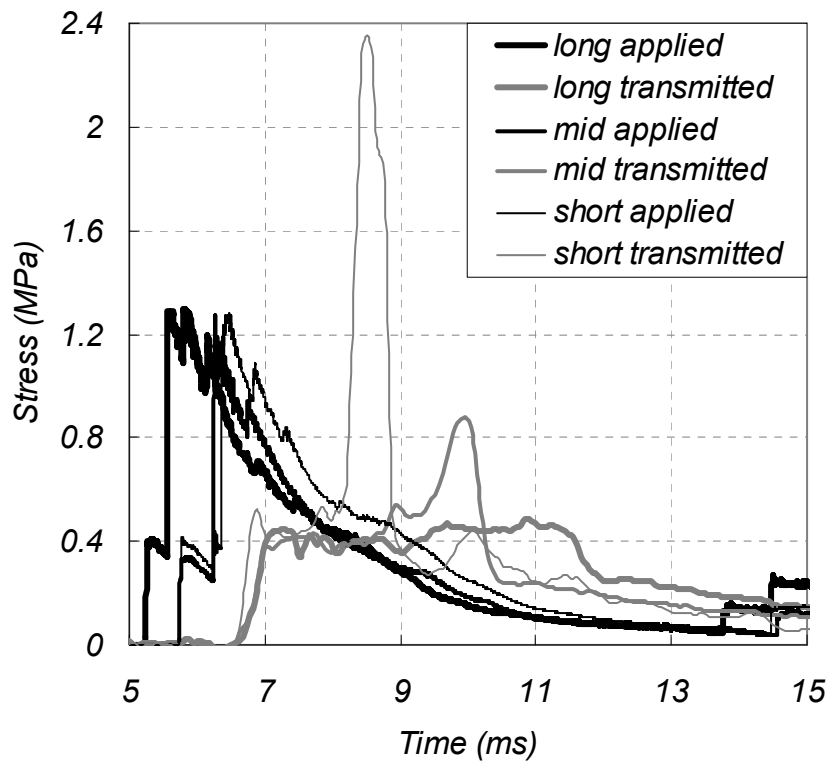
453 **Experimental Results with Cement Foam**

454 The results showing the applied and transmitted stress for 384 kg/m^3 and 480 kg/m^3 density
455 foams are given in Figures 9 (a) and 9 (b), respectively. For each density, samples of varying
456 length were subjected to blast pressure loadings of nominally similar amplitudes and durations.
457 For the 384 kg/m^3 density foam, samples with three different lengths, $L = 230 \text{ mm}$, 152 mm and
458 102 mm (designated as long, mid and short in Figure 9 (a)) were used in the test program. For

459 the 480 kg/m³ density foam, foam samples of lengths, L = 184 mm, 127 mm and 76 mm
460 (designated as long, mid and short in Figure 9 (b)) were used in the test program. In all tests, the
461 applied blast pressure amplitudes are comparable and nominally equal to 1.3 MPa, which is
462 greater than the crushing stress of the foam; p_0 is equal to 0.384 MPa and 0.66 MPa for foams
463 with densities 384 kg/m³ and 480 kg/m³, respectively. From the results for both cement foams, it
464 is immediately obvious that the transmitted stress depends upon the length of foam samples.
465 Considering the response from the samples of the largest length for foam samples of both
466 densities, the applied blast pressure loading is transmitted as a stress pulse of rectangular shape
467 characterized by a nominally constant stress of a magnitude smaller than the applied pressure.
468 The rectangular pulse has amplitude approximately equal to, but slightly higher than the crushing
469 strength of the foam. As the length is decreased, there is an increase in the magnitude of stress,
470 which follows the initial constant transmitted stress. The increase in the transmitted stress is very
471 significant in the samples with shortest length; the transmitted stress amplitude is higher than the
472 applied blast pressure amplitude producing stress enhancement for this case. The results indicate
473 that when the length of the foam samples is sufficiently long there is a complete attenuation of
474 the applied blast pressure to a stress level, which is slightly higher than the crushing strength of
475 the foam. The length of the foam required to attenuate a given blast signal depends upon the
476 crushing strength of the foam. On decreasing the length, there is an increase in the amplitude of
477 transmitted stress. This suggests that there is a critical length of the foam (L_{cr}), which depends
478 upon its crushing strength, which is required to completely attenuate the applied blast pressure
479 loading. For the applied blast pressure loading, L_{cr} for the 384 kg/m³ foam is smaller than
480 230 mm but larger than 152 mm. Similarly, for the 480 kg/m³ foam, L_{cr} is smaller than 178 mm
481 but larger than 127 mm.

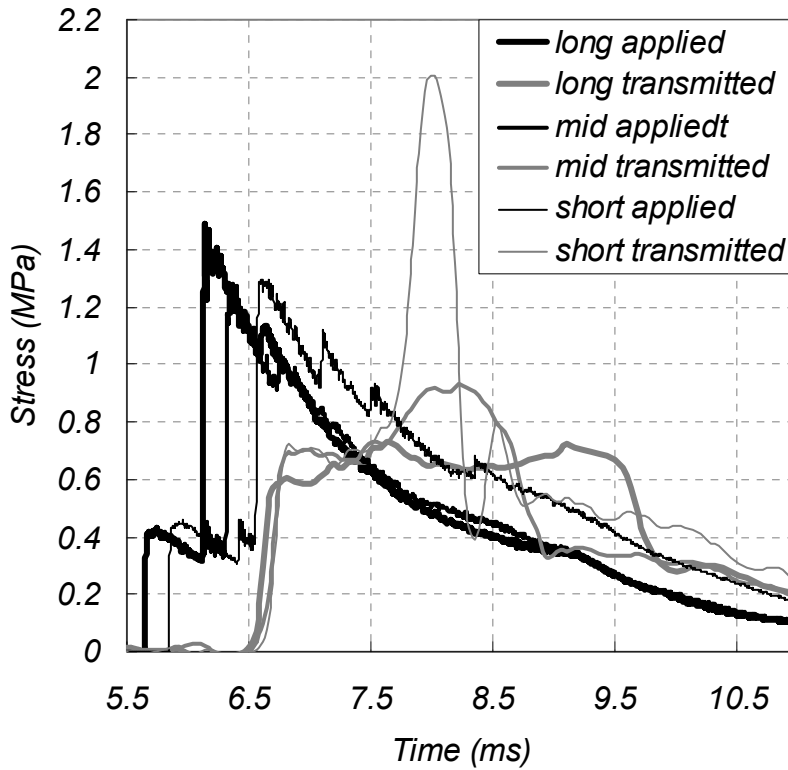
482 When the length of sample is less than L_{cr} , the transmitted stress amplitude exceeds the
483 crushing strength of the foam. When the length of the foam is significantly smaller than L_{cr} , the
484 results indicate that there is a significant a stress enhancement, where the transmitted stress with
485 the foam is higher than the stress directly applied by the blast pressure loading. This suggests
486 that there is a minimum threshold length of the foam (L_{th}), smaller than L_{cr} , below which there is
487 a stress enhancement to a value higher than the applied blast pressure amplitude. For the applied
488 blast pressure loading, L_{th} for the 384 kg/m^3 foam is in the range $\{152 \text{ mm}, 102 \text{ mm}\}$ and for the
489 480 kg/m^3 foam in the range $\{127 \text{ mm}, 76 \text{ mm}\}$.

490



491

(a)



493

(b)

494 **Figure 9: Applied blast pressure versus the transmitted stress subjected to similar blast**
 495 **loadings with different samples lengths (long/medium/short) for cellular concrete of the**
 496 **two densities, (a) lengths 230 mm/152 mm/102 mm for 384 kg/m³ and (b) lengths**
 497 **184 mm/127 mm/76 mm for 480 kg/m³.**

498

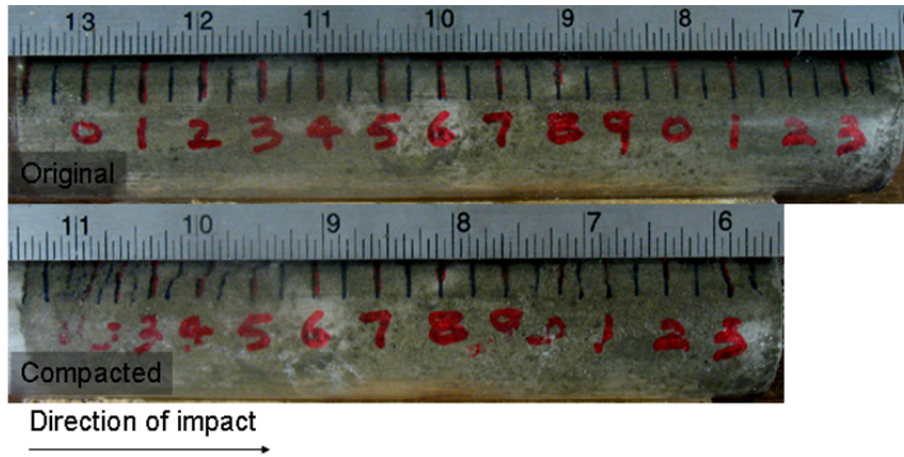
499 **Analysis of Compacted Foam**

500 Irreversible volumetric contraction was observed in all samples subjected to blast pressure
 501 loading. There was compaction of the material along the length of the sample, which was
 502 produced by the crushing of the cells. The length of the material compacted however, varied with
 503 the initial length of the sample. In samples of length larger than L_{cr} , compaction and crushing of
 504 cells was observed in material at both the loaded end and the transmission end. The material in

505 the middle portion, away from the ends, was found to be relatively intact. In samples with length
506 smaller than L_{cr} , compaction and crushing of cells was observed over the entire length of the
507 foam samples.

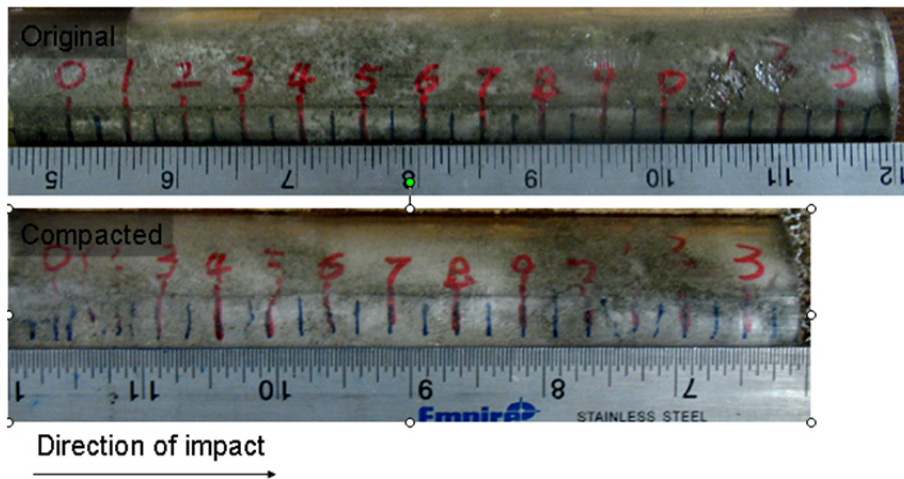
508 Typical photographs of foam samples before and after testing are shown in Figures 10 and
509 12, respectively for the 184 mm and the 76 mm samples made with the 480 kg/m^3 density foam.
510 For each sample, two opposite faces are photographed. In Figure 10, the initial length of the
511 sample was, $L=184$ mm. In Figure 12, the initial length of the sample, $L=76$ mm. The
512 engineering strain of the compacted foam along the length of the sample was obtained using the
513 distance between two adjacent markings in the compacted material and is shown in Figures 11
514 and 13. In Figure 11 (184 mm long foam sample), it is observed that at the loaded end 80 mm
515 foam is compacted with an irreversible strain equal to 0.45, and 60 mm foam is compacted at the
516 transmitted end with an irreversible strain approximately equal to 0.3. The region between the
517 two compacted portions remains relatively un-deformed. The result indicates that 184 mm is
518 sufficient to attenuate the applied blast wave and it is larger than L_{cr} for the applied blast loading.
519 In Figure 13 (76 mm cement foam), it is observed that at the entire foam is compacted and the
520 average irreversible strain reaches up to 0.6. Therefore, the 76 mm does not provide sufficient
521 length required to fully attenuate the applied blast pressure loading. Further, for length of foam
522 significantly smaller than L_{cr} there is significant compaction of the foam, which is uniform
523 across the length of the foam. The strain in the foam is in the densification part of the stress-
524 strain response of the material. Therefore, L_{th} would represent the minimum length which would
525 produce uniform compaction over the entire length of the foam to a value in the densification
526 region of the foam.

527



528

(a)



529

530

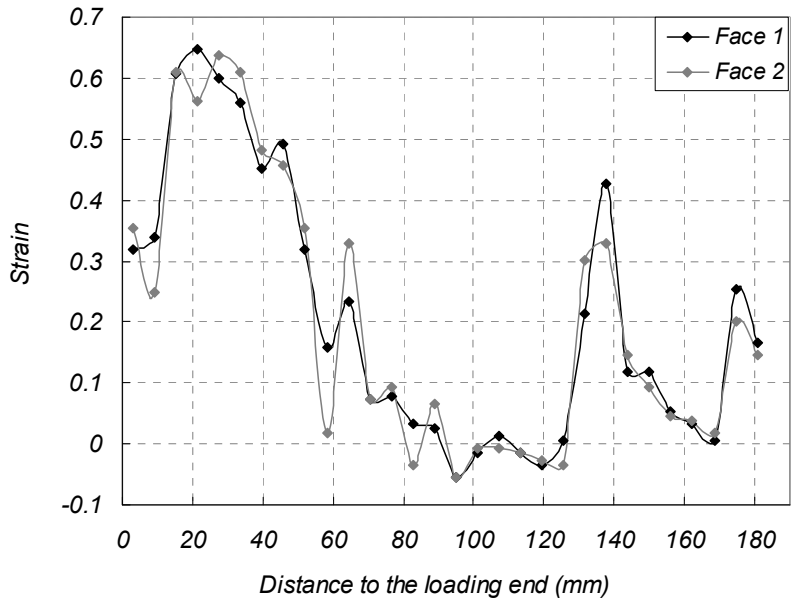
(b)

531

Figure 10: Deformation of $L = 184$ mm sample made with the 480 kg/m^3 cement foam before and after compaction ($L > L_{cr}$ case), (a) face 1 and (b) face 2.

532

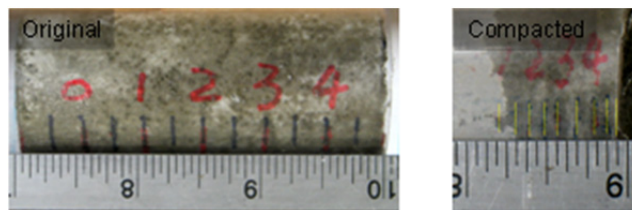
533



534 Figure 11: Engineering strain after compaction measured from Figure 10 for the foam
 535 with stress response shown in Figure 9



536



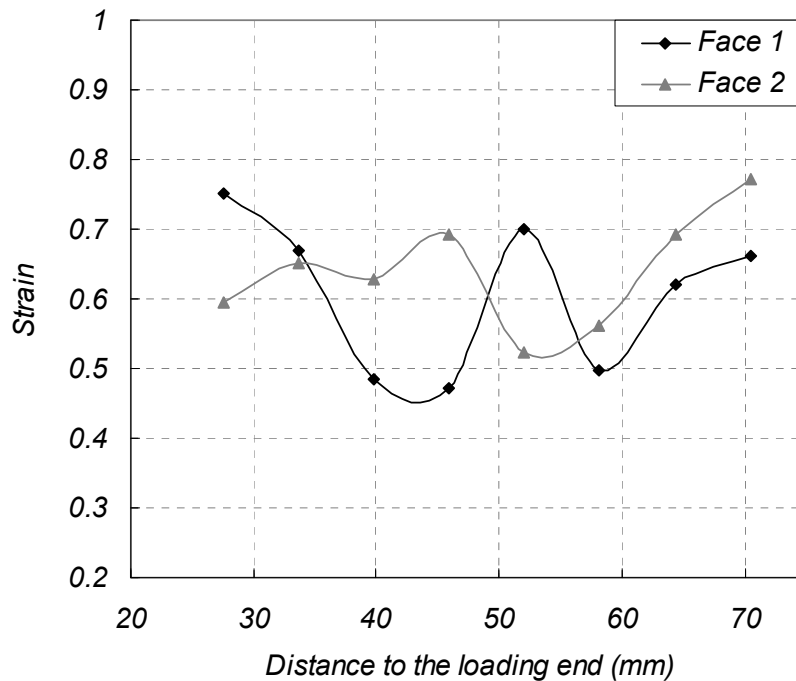
537

(a)

538

(b)

539 Figure 12: Deformation of $L = 76$ mm sample made with the 480 kg/m^3 cement foam
 540 before and after compaction ($L < L_{th}$ case), (a) face 1 and (b) face 2.



541

542 **Figure 13: Engineering strain after compaction measured from Figure 12 for foam with**
 543 **stress response shown in Figure 9.**

544

545 **Discussion**

546 The observed experimental response can be explained considering propagation of the stress
 547 waves through the cellular concrete. When the applied blast pressure wave produces an increase
 548 in stress at the loaded end beyond the crushing strength of the foam, stress wave(s) of different
 549 magnitudes are produced in the cellular concrete. An elastic wave which propagates at a speed
 550 predicted by the initial elastic modulus of the material travels into the material. Since the initial
 551 applied pressure amplitude is higher than the crushing strength of the cellular concrete, it also
 552 produces compaction of the cellular concrete immediately below the point of application of the
 553 applied stress. Two waves are thus formed in the material: (a) A faster elastic stress wave with
 554 amplitude equal to the crushing strength of cellular concrete; and (b) A slower compaction front,

555 which produces densification of material in its wake. The elastic wave travels with constant
556 amplitude as it propagates in the material. As the compaction front propagates in the material,
557 there is a continuous decrease in its amplitude due to the energy dissipation provided by
558 irreversible compaction of the foam. When the amplitude of the compaction front decreases to a
559 value equal to the crushing strength of the cellular concrete, compaction of the material stops.
560 The elastic wave propagates in the material and when it reaches the back end, reflection produces
561 wave(s) travelling in the backward direction. There is an increase in the stress upon reflection
562 from a substrate of higher stiffness; the stress increases above the crushing strength of foam. The
563 stress transmitted to the substrate, which corresponds to the amplitude of the reflected pressure is
564 therefore higher than the crushing strength of the foam. An elastic wave and a compaction front
565 travelling in the reverse direction are produced after reflection. The compaction front produces
566 densification till attenuation produced by compaction reduces its amplitude to the crushing
567 strength of cellular concrete. The stress waves produced in the foam therefore produce
568 compaction at both the front and the back ends of the foam. When sufficient length of foam is
569 available, the material away from the ends remains uncompacted. The transmitted stress from the
570 foam in this case is nominally higher than the crushing strength of the foam, since the reflection
571 of the elastic wave of magnitude equal to the crushing strength, upon reflection from a substrate,
572 which is stiffer than the foam produces a wave of magnitude larger than the incident wave.

573 In the case when the length of the foam is insufficient to completely attenuate the
574 compaction wave produced by the incident blast pressure wave, the initial elastic wave of
575 magnitude given the crushing strength of foam upon reflection from the substrate produces stress
576 waves travelling back into the uncompacted foam. Since the stress rises above the crushing
577 strength, both an elastic wave and a compaction front are produced. Subsequent stress history at

578 the transmitted end is a result of a forward travelling compaction produced by the applied blast
579 pressure loading and an elastic wave and a compaction front travelling in the reverse direction
580 produced by the reflection of the elastic wave front from the back end. The reflection of the
581 compaction front travelling in compacted material, from the back end results in a stress rise, the
582 magnitude of which depends on the magnitude of the incident stress wave, densities of the
583 material compacted foam and substrate and state of compaction of foam.

584 In a material which exhibits concave stress-strain response, the existence of the minimum
585 length of material to attenuate the initial compaction front has previously been predicted using
586 simplified a rigid-perfectly-plastic-locking (RPPL) idealization of the actual stress-strain
587 response [Li and Meng 2002, Ma and Ye 2007, Nian et al. 2012]. In the RRPL idealization, the
588 crushing and densification of the material occurs at a constant value of stress up to a fixed value
589 of strain, following which the material exhibits a rigid behavior. The minimum length of the
590 cellular concrete required to completely attenuate the applied blast pressure wave as it
591 propagates down the length of the material, which is equal to the length of compacted foam on
592 the front end, depends upon the impulse of the blast pressure wave and the crushing strength of
593 the foam. The length of the cellular foam increases with an increase in the applied blast pressure
594 impulse and decreases with the increase in the crushing strength of the material. The theoretical
595 calculation shows that compaction ends when the impulse of the applied blast pressure wave
596 equals the impulse of the transmitted stress wave with amplitude equal to the crushing strength
597 of the material [Nian et al. 2015]. The experimental results indicate that the impulse of the
598 applied blast pressure wave is conserved. The transmitted stress wave in the instrumented steel
599 rod at the back end has the same impulse as the applied blast pressure loading [Nian et al. 2015].

600 Application of foams for blast protection applications therefore requires careful

601 consideration. A low-strength foam can decrease the amplitude of the transmitted stress provided
602 the length is larger than the critical length. For an applied blast pressure loading, if length is
603 smaller than the critical length, the stress enhancement produced by the foam can increase
604 beyond stress produced by direct incidence of the blast pressure on the substrate.

605

606 **Summary and Findings**

607 The results of the experimental investigation clearly show that for each applied blast
608 pressure loading, there exists a critical length of cement foam, L_{cr} , which depends upon the
609 cement foam density. When $L > L_{cr}$, the blast load applied to the foam bar is transformed into a
610 rectangular stress pulse at the target end. The magnitude of the transmitted stress is nominally
611 equal to the crushing strength of cement foam, p_o , which is less than the peak blast pressure P_o ,
612 and therefore the cement foam reduces the peak stress delivered to the solid substrate to be
613 protected. In $L > L_{cr}$ cases the compaction wave diminishes before reaching the solid substrate.
614 The first rise and subsequent plateau of the transmitted stress is generated by the reflection of
615 elastic precursor at the right boundary, the amplitude of which is solely determined by the
616 characteristic of foam and is irrespective of the blast load. The amplitude is theoretically equal to
617 p_o plus an overpressure Δc associated with the reflection of elastic precursor but Δc is
618 typically negligible for foam type material.

619 When $L < L_{cr}$, there is a stress enhancement, where a second jump in the magnitude of the
620 transmitted stress follows the initial rectangular shaped stress pulse. The stress enhancement is
621 caused by the reflection of the compaction front from the surface of the substrate. If the length of
622 the foam is significantly smaller than the required L_{cr} , the compaction in the material could reach
623 a value in the densification phase of the stress-strain curve and the stress enhancement can be

624 higher than the applied blast pressure amplitude.

625

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629

630

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